

# Return: Five Paths for Getting Closer to G-d

The five-letter Hebrew word "Teshuvah" contains instructions on five methods for creating more love and closeness with G-d.

## Lesson Three: Me and My Lover

Letting go of selfish and worldly attachments to become sensitive to the needs of the Beloved.

### Entry for the fifth of Tishrei in *HaYom Yom*<sup>1</sup>

קיצור ביאור אופן ה' :

ש, שוייתי הוי' לנגדי תמיד, הוי' מורה על התהוות העולם והתהוות הנבראים, אשר התהוות הבריאה כולה וחיותה הוא בדרך אין ערוך מאין ליש. והיא עבודת התשובה הבאה עי"ז אשר תמיד לנגד עיניו ענין ההוי' של העולם ומלואו.

A resume of the second method:

**Sh:** - *Shiviti...*, "I have set G-d (*Havayeh*) before me always." *Havayeh* indicates the creation of the universe and creatures. Bringing all of Creation into being and sustaining it is accomplished by bridging an infinite gap - from *ayin* (non-being, *nihilo*) to *yesh* (being). This form of the *avoda* (service) of *teshuvah* results from one's constant awareness of the way in which the universe and all that is in it, is (constantly) brought into being.

<sup>1</sup> *Hayom Yom* is an anthology of Chasidic aphorisms and customs arranged according to the days of the year, compiled by the Lubavitcher Rebbe, Rabbi Menachem Mendel Schneerson, of righteous memory, in 1942, upon the instructions of his father-in-law, the Previous Rebbe. It has since become a beloved classic work and a source of daily inspiration.