

Shabbat Checklist

www.chabad.org/Shabbat

Home Related Tasks

	Deadline: Day / Time	<input checked="" type="checkbox"/>
Invite guests		<input type="checkbox"/>
Overall cleaning, putting away clothing, tidying up, etc.		<input type="checkbox"/>
Change sheets.		<input type="checkbox"/>
Fresh sheets and towels for sleepover guests.		<input type="checkbox"/>
Polish Shabbat items (candlesticks, <i>kiddush</i> cups, etc.)		<input type="checkbox"/>
Do touch-up cleaning.		<input type="checkbox"/>
Put fresh tablecloth on table; see that candlesticks and candles are ready to be lit; two <i>challot</i> are in tray on table and covered with special cloth. (This is all that is necessary by candle lighting time; the table can be set later.)		<input type="checkbox"/>
Cut flowers and place in vase(s) on table.		<input type="checkbox"/>
Note candle lighting time.		<input type="checkbox"/>
Bring in anything outside that should be brought in (unless you have an <i>eruv</i>).		<input type="checkbox"/>
Set out garbage. Separate garbage bags to be used on Shabbat.		<input type="checkbox"/>
Tear toilet paper and have it in place; or have tissues ready.		<input type="checkbox"/>
Water plants; turn off sprinklers.		<input type="checkbox"/>
If necessary, put away forbidden toys and games, replace with Shabbat toys and games.		<input type="checkbox"/>
Put away or cover <i>muktzeh</i> items (pens, money, purses, etc.—perhaps choose a special <i>muktzeh</i> drawer) Your list:		<input type="checkbox"/>
Open any necessary packages and wrappers whose contents are to be used on Shabbat. List:		<input type="checkbox"/>

Food Related Tasks

Open any necessary packages and wrappers whose contents are to be used on Shabbat. List:		<input type="checkbox"/>
Shop for all food, supplies.		<input type="checkbox"/>
Complete baking, including <i>challot</i> .		<input type="checkbox"/>
Finish cooking.		<input type="checkbox"/>
Freeze ice cubes.		<input type="checkbox"/>
Sharpen knives.		<input type="checkbox"/>
Wash pots and dishes not needed again during Shabbat, if		<input type="checkbox"/>

possible. Otherwise, put out of sight. (Dishes needed again during Shabbat can be washed on Shabbat.)		
Clean and ready pots to be placed on hot-plate or <i>blech</i> .		<input type="checkbox"/>
Grate vegetables; squeeze juices, if needed.		<input type="checkbox"/>
Open all necessary packages, cans, wrappers, baby food jars, bottles, seals, etc. List:		<input type="checkbox"/>
Shop for all food, supplies.		<input type="checkbox"/>
Put up <i>blech</i> or hotplate and heat.		<input type="checkbox"/>
Hot water: boil water and set on hotplate/ <i>blech</i> or have ready in urn, electric kettle, thermos.		<input type="checkbox"/>
Set up tub for soaking dishes.		<input type="checkbox"/>
Set out snacks, drinks if <i>kiddush</i> is late. Feed children early, if necessary. Have "a foretaste of Paradise"; taste all your Shabbat dishes.		<input type="checkbox"/>

Personal Preparations

Wash, iron, mend, polish, dry-clean all Shabbat clothes		<input type="checkbox"/>
Bathe Kids		<input type="checkbox"/>
Contact guests; give last-minute directions, instructions, if necessary.		<input type="checkbox"/>
Polish shoes		<input type="checkbox"/>
Finish letters, make any phone calls that won't wait. Make any "Shabbat shalom" calls to parents, and so forth.		<input type="checkbox"/>
Leave off any occupational work involving your salaried job, homework, etc. Put yourself into a Shabbat frame of mind.		<input type="checkbox"/>

Friday Afternoon / Last Minute Preparations

Put away all <i>muktzeh</i> items; empty out pockets of clothes and coats to be worn on Shabbat (a good job for kids).		<input type="checkbox"/>
Untie double knots in clothes and shoes to be worn on Shabbat		<input type="checkbox"/>
Set lights: Decide which lights will remain on or off. Remember also the refrigerator light: either remove the bulb or tape the sensor shut. If the light remains on for Shabbat, opening the refrigerator will be like turning on the light and your food will be inaccessible.		<input type="checkbox"/>
Reheat food and place on hotplate/ <i>blech</i> .		<input type="checkbox"/>
See that all appliances intended to operate entire Shabbat are on, others are switched off. Don't forget telephone, burglar alarms, air conditioners, and heat thermostat. Set Shabbat timers (Use Appliance List below)		<input type="checkbox"/>
Cut hair and nails.		<input type="checkbox"/>

Shower or bathe, shampoo, apply creams, brush teeth.		<input type="checkbox"/>
Apply makeup; arrange hair.		<input type="checkbox"/>
Set out pajamas if bedroom lights to be left off.		<input type="checkbox"/>
Give charity		<input type="checkbox"/>
Take medicines and vitamins in advance of Shabbat, if not necessary daily; give also to kids.		<input type="checkbox"/>
Dress for candle-lighting. (You can finish dressing or change later.)		<input type="checkbox"/>
Light candles by the set time. If you don't make it - to the minute - don't light them (Lighting after sunset is a desecration of Shabbat). Resolve to be more punctual next week.		<input type="checkbox"/>
Take a deep breath, relax, and enter Shabbat. You should feel as if all your work is done now; don't worry about what isn't done. For twenty-five hours you don't have a care in the world. Shabbat shalom!		<input checked="" type="checkbox"/>

Appliance List

Run Entire Shabbos	Turn Off Before Shabbos	Run on a Timer

Shabbat Shalom!

שבת שלום!