

Reading Interpersonal Relationships

The Kabbalah on Dealing with Others

Episode One: Adam and Chava - The First Relationship

The L-rd G-d said, "It is not good for the man to be alone. I will make a helper suitable for him."

וַיֹּאמֶר יְהוָה אֱלֹהִים לֹא טוֹב הָיְתָה הָאָדָם לְבַדּוֹ אֶעֱשֶׂהָ לוֹ עֶזְרָא כְּנֶגְדּוֹ:

-- *Genesis 2:18*

"Everything is called in my Name for my glory, I have created it, I have formed it and I have made it."

-- *Isaiah 43:7*

Four Worlds

1. For my glory = World of Atzilut = א
2. I have created it = World of Briah = ב
3. I have formed it = World of Yetzirah = ג
4. I have made it = World of Asiyah = ד