

Return: Five Paths for Getting Closer to G-d

The five-letter Hebrew word "Teshuvah" contains instructions on five methods for creating more love and closeness with G-d.

Lesson Two: The Moment

Earnestly embracing the moment as a way of experiencing intimacy with G-d.

Entry for the fourth of Tishrei in *HaYom Yom*¹

קיצור ביאור אאמו"ר באופן הא:

ת, תמים תהי' עם ה"א, עבודת התשובה הבאה ע"י התמימות, כמה בחינות ומדריגות בענין התמימות, וביחס אל התשובה העולה על כולנה היא תמימות הלב - הנקראת ערנסטקייט - כאמור באברהם ומצאת את לבבו נאמן לפניך.

A resume of my father's explanation of the first method (of *teshuva*, see above):

T: *Tamim...*, "Be sincere with G-d." This represents the *Avoda* of *Teshuva* that comes through sincerity. Sincerity, or "wholeness," takes any number of forms and has many levels. In reference to *Teshuva* the highest form is wholeness of heart - called "earnestness"; as Torah says of Avraham, "you found his heart faithful before you."

¹ *Hayom Yom* is an anthology of Chasidic aphorisms and customs arranged according to the days of the year, compiled by the Lubavitcher Rebbe, Rabbi Menachem Mendel Schneerson, of righteous memory, in 1942, upon the instructions of his father-in-law, the Previous Rebbe. It has since become a beloved classic work and a source of daily inspiration.