

MAKE YOUR WAY THROUGH TISHREI!











Thursday













































>>> **OTHER** FEATURES

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ONLINE CHALLENGES WIN GREAT PRIZES!

To enter any (and hopefully ALL) of the **Tishrei Online Challenges**, log onto:



Rules & Regulations: To enter the challenges, do as many Mitzvot as you can, then go online to complete the checklist and decide which competitions you'd like to enter. Entries are unlimited – do as many Mitzvot as you can to make the world a better place!



Gaze your way to a brighter year with the

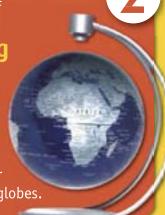
Vega 600 Telescope!

Send us your **resolution for the Jewish New Year** and
enter for your chance to win
one of 3 telescopes.

Celebrate the birthday of the world with a

Titan Levitating Globe!

Upload a photo of yourself helping to build or decorate your Sukkah in your part of the world for your chance to win 1 one of 3 globes.





Fill out the Tishrei Online Checklist for your chance to win a

Spartan Sports
Air Hockey table!

or a Razor E300S
Motorized Scooter!

WHEN YOU SEE THIS ICON

It means there are **TISHREI CHALLENGES** for you to do on that page! Do each challenge, then go online (after the

Holiday) for your chance to WIN!

Rosh Hashana

- Light Candles
- Eat Rosh Hashana Foods!
- Hear the Shofar
- Do Tashlich

Yom Kippur

- Repent Give Charity
- Pray in a Synagogue
- Light Candles

Sukkot

- Light Candles
- Eat in a Sukkah
- Shake the Lulav & Etrog

Simchat Torah

- Light Candles
- Dance with the Torah



Tishrei, the 1st month of the Jewish Year, is coming soon!

Tishrei is **jam-packed** with special days, each one full of fun Mitzvot lending their own special flavor to the month. First comes **Rosh Hashana**, then **Yom Kippur**, then **Sukkot**, and last but not least, the holiday of **Simchat Torah**, when we dance and rejoice with G-d and His Torah.

During the month of Tishrei, many of the customs we have are symbolic, - in fact, if you look at all the holidays this month, there are **SYMBOLS** everywhere! And if you read carefully through the rest of the pages here, you should be able to come up with at least two for each holiday!

Speaking of symbols... the Jewish star-sign of the month of Tishrei is a pair of SCALES. No, you don't have to get on them and tell us your weight... but G-d is reminding us that Tishrei is the month when all of our past actions weigh in for the final judgement – we hope a happy, sweet New Year! But being the most compassionate Judge in the world, G-d also packs hundreds of Mitzvot into the month so we have many opportunities to TIP THE SCALES in our favor, before He seals the deal! So, BLAST OFF WITH TISHREI and let the New Year begin with a bang! Do as many Mitzvot as you can! Fill in the Online Checklist, complete the Tishrei Challenges, and make your whole year full of Torah and good deeds!





A joint project of Tzivos Hashem and Merkos L'Inyonei Chinuch Made possible by a grant from: The Rohr Family Foundation

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Comic: Paul Fricke • Design: www.SpotlightDesign.com
This magazine contains G-d's name, please do not discard.



Rosh Hashana Get a Head Start!

10.. 9.. 8.. 7.. 6.. 5.. 4.. 3.. 2.. 1.. 0.. **5768!**

Are you ready to start the New Year with a BANG?

Rosh Hashana is the first day of the first month in the Jewish calendar. That's why it's called the "Head of the Year"!

And just like your head gives directions to the rest of your body, Rosh Hashana directs everything that will happen the rest of the year.

Now's the perfect time to sit down and think about what you can do to make this year even better than the last. Maybe it's to give more charity, go that extra mile for a friend, listen better to your parents, or do your homework on time. Whatever it is, doing those good deeds will help ensure that your New Year is the very best it can be!

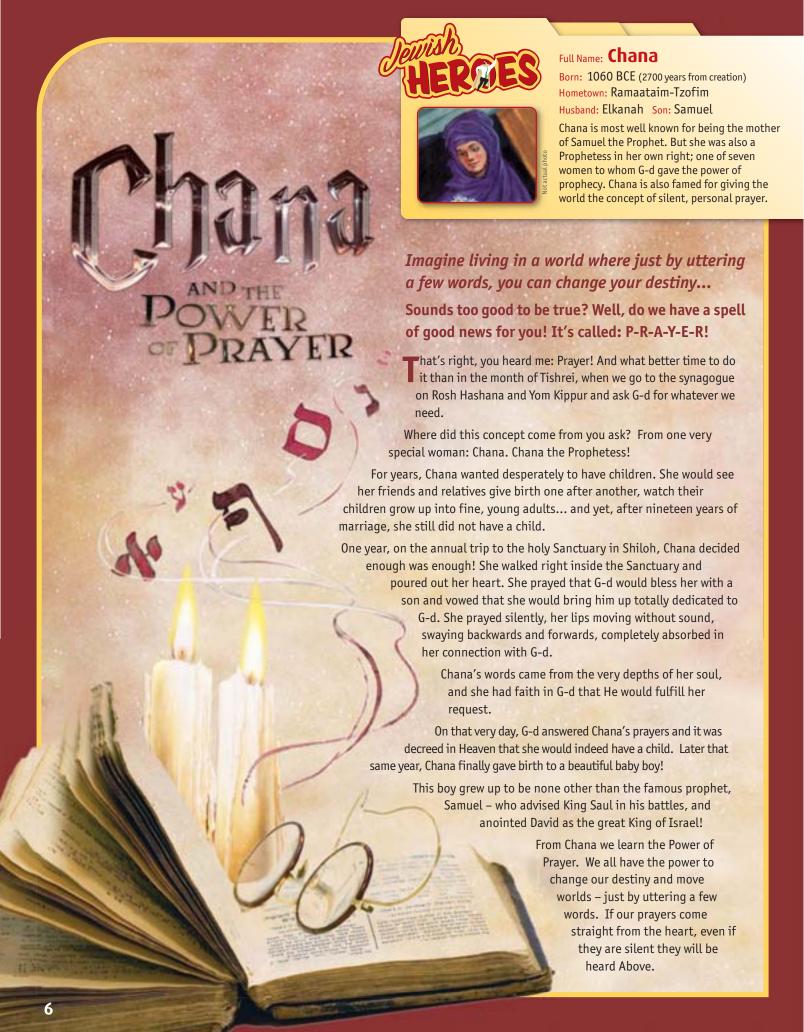


On Rosh

Hashana it is

rom a cooked
head of a fish or
ram during the Holiday
meals, asking G-d to make
sure that in the coming
New Year we are always
aHEAD of the game!







Don't try using those s

Don't try using these for a Shofar!
Lurch, an African Watusi steer owned by Janice
Wolf of Arkansas, USA holds the record for the
world's largest horns! Over 7 feet 6 inches
from tip to tip! That's 5 inches TALLER than
Shaquille O'Neal!

Although an Etrog
looks just like your
average, 10 cents a
piece lemon you can
pick up in your local
fruit store, around
Sukkot time Etrog prices

can reach over **1,000 dollars**! You can buy 5 iPods for that kind of money!



Can it BEE any more bzzzarre?!

The Honey Bee is an
Official State
Insect in over 13
states, including
New Jersey and
Utah. Sweeet!

On average, a honey bee produces half a teaspoon of honey throughout its lifetime. That means you'd need **48 bees** working their entire lives, to produce enough honey for just one honey cake!

Two's company, five's a crowd – of eyes that is! Honey bees have **5 eyes**! How would that work with glasses?

Here's a funny place for locks and tresses...Honey Bees have hairy eyes!

Bamboo makes a perfect Schach covering for your Sukkah! But you better get them fast before they're all eaten up! A Giant Panda eats approximately 20 to 30 pounds of bamboo shoots a day! Compare that with your doctor's orders of 2 pounds of veggies a day... you've got nothing to complain about!

Bamboo grows about **3 feet per day!** You can almost watch it grow...

YOM KIPPUR THE CHANCE!

THE GAME



LAP: 00:57:68

POWER
LIVES REMAINING: UNLIMITED

Rearview Mirror

Check your rearview mirror and **reflect** on the past year. What obstacles did you pass, what choices did you make? Realize and regret that you may have done something that wasn't ideal. Then look to the road ahead and accelerate to a brighter future!

- Horn

Tooooooo! Look out! We're headed towards the 'Sweet New Year' exit, & the days of Moshiach!

The single, final Shofar blast at the end of Yom Kippur (Tekiah Gedolah) signifies the closing of the Heavenly Gates. It also reminds us of the day when the **Great Shofar** will sound and all of the Jews in exile will be taken to the Land of Israel, together with Moshiach!

Leather Seats

Check out these slick leather seats!... Wait, did you say leather? On Yom Kippur we make sure to wear **non-leather shoes!** That's because we are trying to focus on the soul instead of the body, and leather shoes symbolize luxury. We also have a custom to wear white clothing – just like angels.

LIVE THE YOM KIPPUR CHALLENGE!

Repent • Pray • Give Charity

Ever in a car game and ran out of lives? Imagine what it's like to get another chance...

Your brother borrowed your iPod and dropped it in the pool? "Sorry!" Your friend copied your schoolwork and you got the blame? "Sorry!"

Does "sorry" really mean anything?

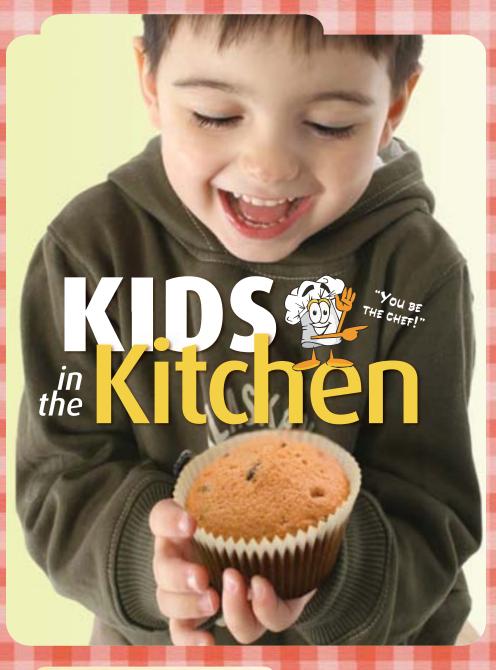
Is it really that easy to forgive?

Yom Kippur: The day of forgiveness. A day we can say sorry for anything we've done wrong - and G-d forgives us with a full heart. No grudges, no strikes – just a clean slate and a fresh start.

A day where we'll never run out of lives, where our power bar is always full, and we have a chance to get back on track. And if that's not enough, G-d also gives us the formula for success: Repentance, Prayer and Charity.

So fasten your seatbelt and use these controls to stay in the game and power your way into the New Year!





LET'S GET COOKIN'!

- 1 Have your adult assistant preheat your oven to 350 degrees.
- 2 Prepare your muffin pan and paper muffin cups.
- Have your **adult assistant** crack the eggs and check for blood spots. Then pour them into the mixer.
- 4 Add honey and beat.
- 5 Add sugar and continue beating.
- 6 In a separate bowl mix coffee and baking powder.
- 7 Add it to the mixture in the mixer.
- 8 Add margarine, baking soda, flour and cinnamon and mix well.
- 9 Pour batter into paper muffin cups (2/3 full) and place in muffin pans.
- 10 Bake for 20-25 minutes (or until a toothpick inserted in the center comes out clean).

Honey, it's Tishrei!

Tishrei is the time to ask for a Sweet New Year, and that's why we're just mad about honey! Apples in honey, Challah in honey, honey cake...

Here is a unique recipe for

Honey Cupcakes!

It's customary to ask someone for a piece of Lekach (honey cake) before Yom Kippur. As you accept the piece of cake (or cupcake!), ask G-d that this should be the last thing you ever have to really ask for!

INGREDIENTS



3 Eggs



1⅓ cups Honey



1½ cups Sugar



1 cup Black Coffee



<mark>3 tblsps</mark> Margarine



1 tspn Baking Soda



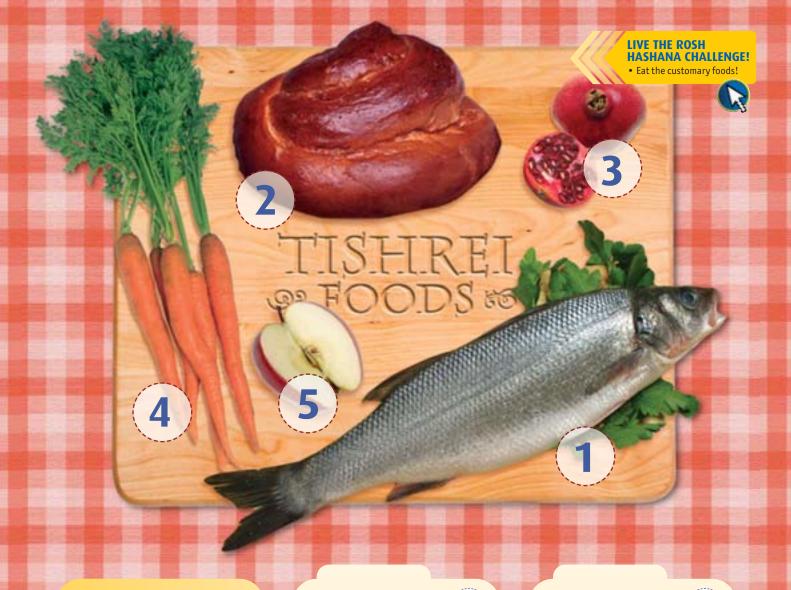
4 cups Sifted Flour



2 tablespoons Baking Powder



1 teaspoon Cinnamon



Who Am I?

There are some foods that are traditionally eaten on Rosh Hashanah.

Can you match the riddle to the item above being prepared for the Holiday? Fill in the correct number in the blank circle.

I grow underground
You cook me with honey
In Yiddish I'm "Meren"
"Increase" Mitzvot and money
A favorite of rabbits
And Rabbis as well
Let's "increase" in blessings
For a New Year that's swell!

I'm round like a circle
The Circle of Life
You eat me to ask for
A year without strife
I'm doughy and sweet
Store-bought or home-made
Now I'm well-rounded
But on Shabbat, a braid.

You dip me in liquid
That comes from a bee
I can be green, red or yellow
I grow on a tree
Taste me with my mate
A really sticky treat
You eat me to ask for
A year that is sweet.

I multiply fast
A school I can fill
You eat me to ask
Hashem if He will
Make our nation as many
As the stars up above
And serve Him with much
Joy, peace and love.

I doubt you will find
A fruit such as I

Jam-packed with seeds
An endless supply

Count them, you'll find
Six hundred and thirteen
The number of Mitzvot
In our Torah supreme.

We've got you covered?

For 7* days a year Jews throughout the world leave the comfort of their homes to live in a hut with a leafy roof (aka: Sukkah). We eat, hang out and spend as much time as we can there...

What's this all about?

Like Pesach & Shavuot, the holiday of Sukkot is a reminder of G-d taking us out of Egypt. And tough as it sounds to travel through a desert for 40 years, we traveled in style! From the Manna that tasted like anything we wanted (yes, even chocolate ice-cream!), to the Clouds Of Glory which surrounded and protected us completely, G-d made sure we were always taken care of.

So today when we sit in the Sukkah, we remember and appreciate how G-d took care of us in the desert and show our faith that He's got us covered today!

Now that's reason to celebrate!

* Some have the custom of 8 days

LIVE THE SUKKOT CHALLENGE!

• Eat in a Sukkah



The clouds were like an alarm

clock telling us when to get up and

go, or when to stop and rest. When the clouds ascended, we traveled;

and when they rested, so did we!

clouds of Glory

A blessing on our heads!

What's that you say about rain?!? Clouds are a blessing, and here are 7 reasons why:

When we traveled through the desert, G-d surrounded us with **miraculous clouds** to protect us from all sides, from every possible discomfort! Unlike food and water - basic necessities for survival - the clouds were there purely for our comfort, demonstrating just how much G-d loves us!

The clouds were our guide, showing us which way to go in the desert.

The clouds helped shield us from snakes and scorpions or angry tribes that wanted to harm us.

The clouds protected and cooled us from the blazing desert sun above our heads. The clouds surrounded us on all sides and made sure we traveled together.

The clouds smoothed out the ground beneath our feet and flattened any mountains in our way.



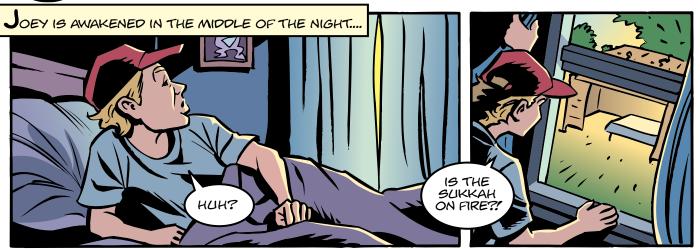
The clouds kept our clothes clean and fresh the whole 40 years - looks like Cloudy was around before Downy!



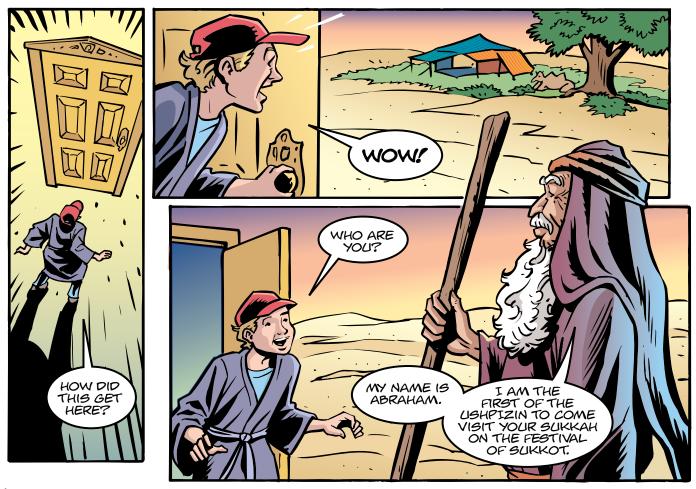




The Adventures of JOEY in JOEY in JOES THAT KNOCKING?









USHPIZIN MEANS GUESTS IN ARAMAIC.

AND IT'S
TRADITION
THAT EVERY
NIGHT OF SUKKOT
SPECIAL GUESTS
COME TO VISIT
EVERY JEWISH
PERSON'S SUKKAH
AROUND THE
WORLD...







...AND HIS SON JACOB THE NIGHT

AFTER THAT.

THEN WILL COME MOSES AND HIS BROTHER AARON... ...JOSEPH AND THEN KING DAVID ON THE LAST NIGHT OF SUKKOT.

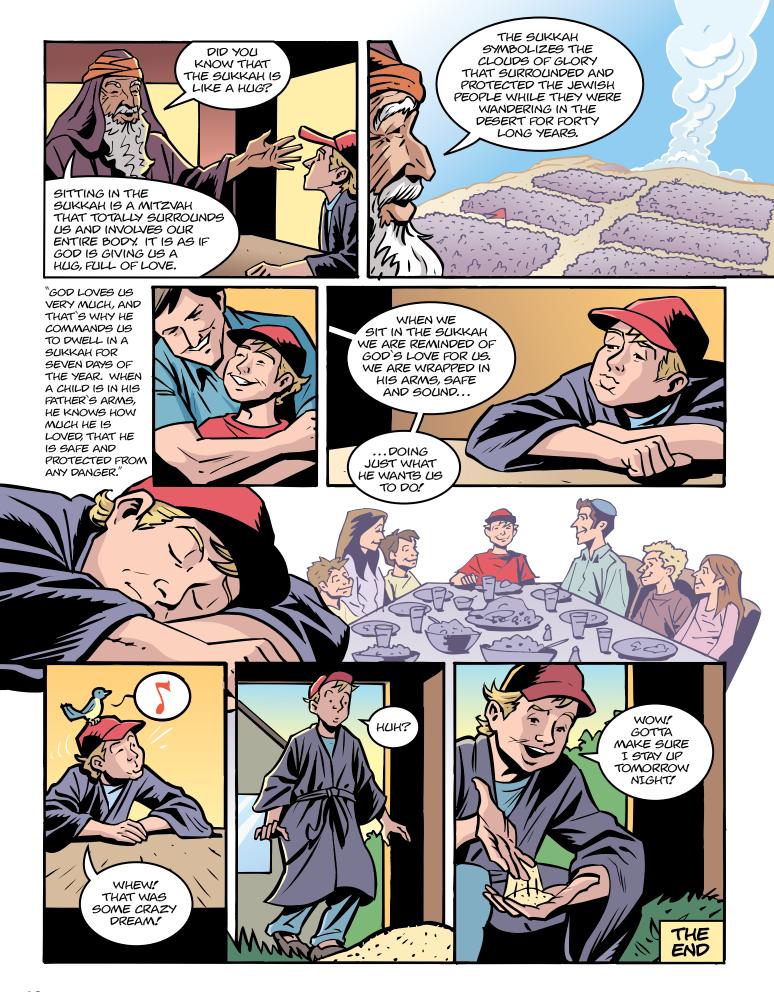












osh Hashana has come and gone, Yom Kippur has passed. We've asked for forgiveness and been inscribed for a great new year... and now it's **time to rejoice!**

To rejoice in our victory of Teshuva (repentance), because G-d has given us a second chance and granted us a sweet New Year! And that's why Sukkot is also known as **Zman Simchateinu** – a time of true joy!!

Every day of Sukkot (except for Shabbat), we hold the Lulav, Etrog, Hadassim and Aravot, make the blessing* and Shake It!

Blessing:

בְּרוּךְ אַתָּה יי, אֱלֵ־ הֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִּדְשָׁנוּ בָּמִצְוֹתִיוּ, וְצָנֵנוּ עֵל נִמִילָת לוּלַב.

Ba-ruch A-tah Ado-noi E-lo-heinu Me-lech Ha-olam Asher Kid-shanu Be-mitz-votav Vetzi-vanu Al Netilat Lulav.

* If this is your first time this year, you should also say the blessing of Shehecheyanu (Pge. 26, Green box - #2).





Introducing the all-new POC

Each of the 4 kinds represents a different type of Jewish person: **Lulav** Palm Branch

Dates are tasty and sweet as honey. The Lulav represents a Jew whose main strength lies in learning Torah.



Tastes good and smells even better!
The Etrog represents a Jew who both learns Torah and does many Mitzvot.



They have no taste, but they have a great smell. The Hadassim represent a Jew who does a lot of Mitzyot.



2 AravotWillow Branches

They have no taste or smell. The Aravot represent a Jew who doesn't know much about Torah or its Commandments.



By holding them together, and shaking them in all directions, we show the world we are a strong, unified nation, bound together by our love for G-d and one another!

COMING SOON TO A SYNAGOGUE NEAR YOU
YOUR FRIENDS YOUR FAMILY THE RABBI AND YOU!
SINCHAT TORAH

HAPP HARMAN EEET

STORY

A CROWN OF SLIPPERS

veryone sleeps in a little on the day of Simchat Torah because we're all tired out from the dancing and rejoicing the night before. The angels in heaven however don't dance on Simchat Torah, and they wake up for the morning prayers at the usual time.

But surprise, surprise – they find themselves with nothing to do! Why? Because the angels cannot sing G-d's praises in heaven, until we, the Jewish people sing G-d's praises here on earth!

One year the angels decided to do a little cleaning up in heaven while they waited for prayers to begin on earth.

They found heaven littered with the strangest objects: torn slippers, shoes and broken heels!

"Huh?" they wondered to themselves.
"What's going on? We normally find
Mitzvah itmes, like old Tefillin and Tzitzit
and worn-out prayer books in heaven. Why
are there so many broken shoes?"

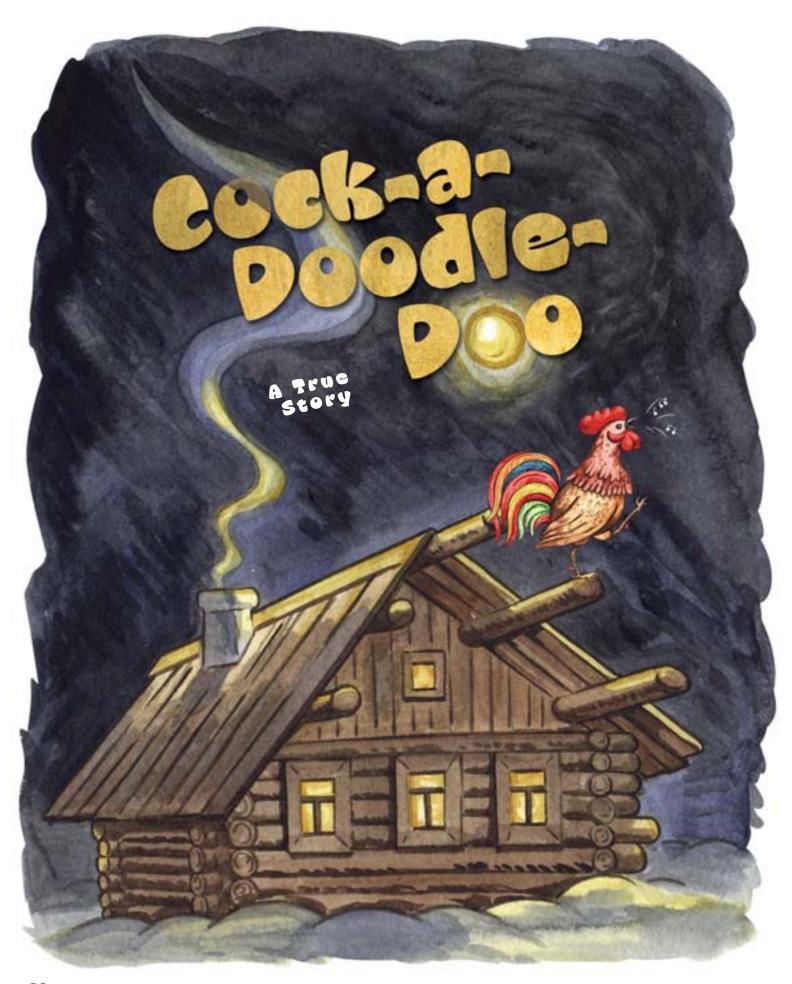
Together, the angels went to ask the great angel Michoel if he knew what all this was about.

"Yes" admitted Michoel, "this is my merchandise. These are the remains of last night's dancing, where Jews all over the world danced joyously with the Torah. These ones are from Russia, these are from Australia, this pile over here is from America, and that pile over there is from France!
And there are hundreds more as well!"

"What's so good about all these broken shoes?" asked the other angels in amazement.

"Well" answered Michoel, "normally, the archangel Metat fashions crowns for G-d out of the prayers of the Jewish people. Today, I shall make a crown more glorious than has ever been seen before! A crown out of these torn shoes. A crown of happiness, joy and love!"





it was late on Yom Kippur day...

he holy Baal Shem Tov of Medzibusch was about to begin the final Yom Kippur prayer, Ne'ilah. The Shul was crowded with men, women and children fervently holding their prayer-books as they swayed to and fro. Each of them knew the importance of Ne'ilah as it was their last chance to beg G-d for forgiveness and pray for a good year. Dry mouthed and weak from fasting, all stood in anticipation for the prayers to begin.

Wrapped in his Tallit, the Baal Shem Tov began to lead the congregation in the solemn prayers. Truly immersed in their words, no-one noticed the young village boy standing in the back corner of the Shul. His lips did not move for he was completely uneducated and could not read, unlike the rest of the congregants. He merely stood there transfixed by the face and heartrending voice of the Baal Shem Tov.

Strangely, in the middle of praying the Baal Shem Tov paused a few times, his eyes closed and seemingly in a trance. His disciples standing close by noted that his crying and begging was also far greater than usual. They slowly realized that there must be a grave prosecution looming in the Heavenly Courts! Brokenhearted and determined to help, they too intensified their prayers and crying. Soon, the entire congregation became aware of the dire situation and broke into tearful cries. They knew that the situation must be critical as the saintly Baal Shem Tov was pale with fear.

Meanwhile, the young village boy became aware of the emotional outbreak. His heart was shattered, and he too wanted to cry out and pray. But the only sounds the boy knew how to make were those of farm animals, and he was especially fond of the rooster's crowing. Closing his eyes tightly and lifting his head to the Heavens, the boy cried out loudly from the depths of his heart, "Cock-a-doodle-doo! G-d, have mercy!"

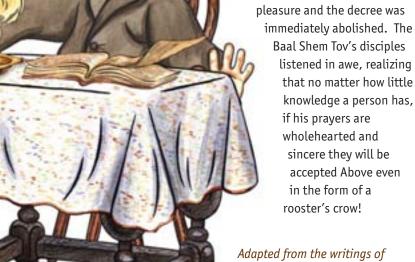
Suddenly, there was silence as all of the congregants turned around to see who had made the strange, inappropriate sound. Their disapproving eyes fell upon the young village boy and they immediately rebuked him. So upset were the congregants by his actions that some of them even wanted to throw him out of the Shul. But the young boy protested passionately, "I too am a Jew!" Quickly, the Rabbi's assistant quieted the crowd, and told the boy to remain in his place. The commotion was interrupted by the voice of the Baal Shem Tov as he continued to complete the Ne'ilah prayers.

Remembering the somber state of prayers only minutes before, the congregants gazed in wonderment at the now glowing face of the Baal Shem Tov. Once again prayers resumed as usual, but the special tunes he used evoked a feeling of victory and joy. The Baal Shem Tov's disciples and congregants knew that the prosecution had finally been defeated.

After Yom Kippur ended, the disciples gathered eagerly around the Baal Shem Tov, hoping for an explanation of what had transpired. The Baal Shem Tov explained to them that, indeed, there had been a grave situation in the

Heavenly Courts, with a decree of destruction against an entire

village of Jews. And try as he may, the Baal Shem Tov could not break through it. But when the sincere cries of the village boy's "Cock-a-doodle-doo!" reached the Heavenly gates, it was welcomed with great



Adapted from the writings of Rabbi Yosef Yitzchak of Lubavitch



or a Sukkah to be Kosher according to Jewish law, it needs to be built according to these measurements:

Height:

Minimum: 10 Tefachim (approx. 35 inches)
Maximum: 20 Amot (approx. 35 feet)

Width & Length:

Minimum: 7 Tefachim (approx. 25 inches)

Did you notice there's no limit to how wide or

long the Sukkah can be?

That's because our Sages tell us that "All Israel are worthy of dwelling in one Sukkah". This doesn't mean we actually need to build a Sukkah that big – imagine trying to make a Sukkah that could fit every single Jewish person?!

This is a reminder of the importance of Achdut (unity). When we are a strong, unified nation and keep as many Mitzvot as possible, then it's fast-forward to Moshiach times, when we'll celebrate

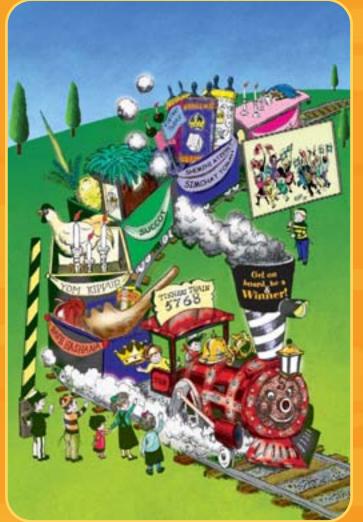
Sukkot in the best way possible.

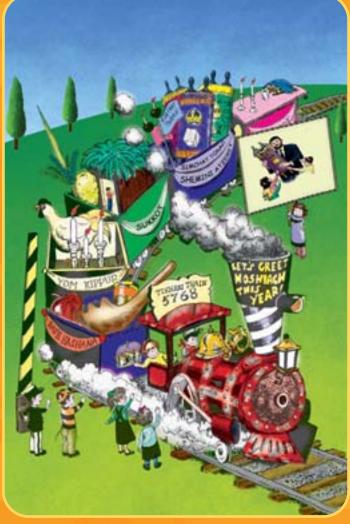
G-d will make a Sukkah from the skin of the Leviathan – kind of like a giant whale – and everyone who kept the Mitzvah of Sukkah will be seated in it and served a royal feast.

Try and invite as many people as you can to your Sukkah this year, so when Moshiach comes, all of us can fit inside the Sukkah of Moshiach, and celebrate the Holiday together, in style!

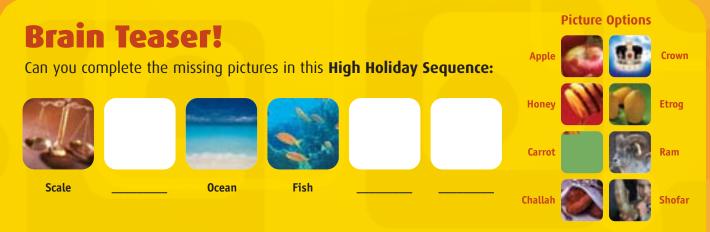
Just for Fun...

All aboard the Tishrei Train 5768!





Can you spot at least 18 differences?



Lighting Guide

- Make sure your candle is in a safe place - not near anything flammable, and out of the reach of small children.
- Put some coins into your charity box.
- Strike a match and light the candle (If there is a star (*) near the date, light from a pre-existing flame).
- Wave your hands in 3 circular motions over the candles as if you are welcoming the flames to yourself.
- Without looking at the candle (if you know the blessing from memory, then cover your eyes with your hands), recite the blessing(s). You can look at
- Voila! You've just mastered the art of candle-lighting - the Jewish way!

GLUE TAB #1

For (Every) Shabbat

For weekly candle lighting times throughout the year visit www.chabad.org/calendar



Ner Shel Shabbos Kodesh.

GLUE TAB #5



Create your

Candle Lighting cube:

1. Make a photocopy of this page,

or cut the page out of your

read it first!).

to cut any words.

along the glue tabs

5. Cut out the lighting guide

6. Read instructions on quide

magazine (but make sure you

2. Cut along the dotted lines of the

3. Fold along each colored box and

4. Starting with glue tab number 1,

put glue on tab and paste into

7. Look up our local candle-lighting

times on page 2 and light candles on the eve of each Holiday!

adjoining panel, repeat for each

cube diagram, being careful not

Blessing on bottom

28*

Sept.

Night, !

Friday

Blessing on bottom

See page 2 for exact times

& Simchat Tora Ned. & Thurs, Oct. 3 &

number to construct your cube.

GLUE TAB #5

26

GLUE TAB #4

Cut along dotted lines and keep in safe place.

Cut along dotted line to construct your own Lighting Cube!

Blessing on bottom

Sept. 14*

Friday Night,

your cube for help!

בַּרוּדְ אַתַּה יי אַ־לֹהֵינוּ מֵלֵדְ הַעוֹלָם, אֲשֶׁר קִּדְשָׁנוּ בַּמִצְוֹתַיו, וִצְוַנוֹ לְהַדְלִיק נֵר שֵׁל שַבַּת קָדֵשׁ.

Baruch Atah Ado-noi Elo-hei-nu Melech Ha-olam Asher Ki-de-sha-nu Be-mitz-vo-sav Ve-tzi-vanu Le-had-lik

* Light from a pre-existing flame.

